



**FRIDAY, OCTOBER 30TH**

**5-8:30 pm** (Doors open at 4:30)

**HOSTED BY:**

**Congressman Keith Ellison**

**FEATURED SPEAKERS:**

**Nick Buettner**

Your personal "Blue Zone"

**Jearlyn Steele**

Find your gift—and give it

**Robert Christenson**

3 things it took me 79 years to learn

**Amir Khadar**

Are you sure I'm a guy?

**Rebecca Ebnert-Mavencamp**

StoryCorps and the power of personal history

**Cathy Gasiorowicz**

From addiction to connection

**JOIN US AT:**

**PASSION EVENT CENTER**

**7651 HWY 65 NE**

**FRIDLEY, MN 55432**

(Behind Wendy's)

\$15 ticket includes dinner (food trucks and ice cream!), interactive exhibits, music, speaker presentations and more.

For more information:

Email: [TEDxFridley@isd14.org](mailto:TEDxFridley@isd14.org)

Web: [TEDxFridley.com](http://TEDxFridley.com)

**TED<sup>x</sup>Fridley**  
x = independently organized TED event





**Congressman Keith Ellison** represents the Fifth Congressional District of Minnesota in the U.S. House of Representatives. The Fifth Congressional District is the most vibrant and ethnically diverse district in Minnesota. With his roots as a community activist, Representative Ellison maintains an impassioned philosophy of “generosity and inclusiveness.” His priorities in Congress are: promoting peace, prosperity for working families, environmental sustainability, and civil and human rights.



**Nick Buettner** is committed to informing, inspiring and connecting people and ideas. He’s traveled the planet, visiting geographic Blue Zones—areas where more people reach age 100 than anywhere else. As part of the Blue Zones expedition team, Nick has collaborated with *Good Morning America*, CNN, AOL, WCCO and the National Geographic Channel to produce live events from remote locations around the world.



**Jearlyn Steele** has dedicated her life to touching people with the sound of her voice: as a singer performing from Carnegie Hall to Korea, a radio talk show host for nearly two decades at WCCO Radio 830 AM, and a television entertainment reporter at TPT’s Emmy Award-winning *Almanac*. A graduate student majoring in Leadership with a concentration in Spirituality, Jearlyn hopes to teach through example that we are all spiritual beings first, mastering the human experience.



**Robert Christenson** has been active in the health care and nonprofit sector for over 50 years, providing policy guidance, strategic planning and governance training. He’s currently President of InCommerce Solutions—a business, health care and nonprofit consulting firm. In his long lifetime he has founded, co-founded, or been a charter board member for 12 businesses and 10 nonprofit organizations.



**Amir Khadar** identifies as a “queer youth of color.” He’s a 16-year-old junior at Fridley High School, pursuing the International Baccalaureate Diploma. Amir gets a kick out of public speaking, and participates in a host of extra-curricular activities. His leadership roles include treasurer of the student council and a captain on the speech team.



**Rebecca Ebnet-Mavancamp** is Executive Director of the Anoka County Historical Society and has a background in journalism, creative writing, photography, and non-profit management. With a strong appreciation for how place and community influence a person’s identity, Rebecca advocates for individuals telling their own story, taking ownership for their contribution to public history and helping to leave a more complete picture of the world we know.



**Cathy Gasiorowicz** is a senior writer at StoneArch, a Minneapolis-based health marketing agency that understands the power of a good story. Until 1996, Cathy worked as a dancer, choreographer and actor at various theaters (Chanhassen Dinner Theaters, Minnesota Opera, Children’s Theater, History Theater), and as a mime (Yoplait Yogurt, MN State Arts Board, countless bar mitzvahs). Her one-woman show, *Falling Out of the Family Tree*, was a sell-out at the 2004 Minnesota Fringe Festival.